

August 2023 - May 2024 Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Parent Tot Walking-3 Yrs (45 Minutes)	9:15 - 10:00 Kassandra	6:30 - 7:20 Mattie	5:30 - 6:15 Ellie		9:15 - 10:00 Ellie	9:15 - 10:00 Ellie	10:00 - 10:45 Mattie
Preschool Beg Ages 3 & 4 (50 Minutes)	10:00 - 10:50 Kassandra 5:00 - 5:50 Kassandra/ Mattie 6:30 - 7:20 Mallory	9:30 - 10:20 Erika 4:30 - 5:20 Shelly 5:00 - 5:50 Kassandra 6:30 - 7:20 Gloria	3:30 - 4:20 Christina 5:00 - 5:50 Kassandra 6:00 - 6:50 Kassandra	9:30 - 10:20 Emma 4:00 - 4:50 Shelly 5:30 - 6:20 Christina	10:00 - 10:50 Ellie 5:30 - 6:30 Shelly	9:30 - 10:20 Christina 11:00 - 11:50 Mallory	1:00 - 1:50 Mattie
Preschool Int Ages 3 & 4 (50 Minutes)	11:00 - 11:50 Kassandra 4:00 - 4:50 Christina 5:30 - 6:20 Mallory	10:30 - 11:20 Erika 5:30 - 6:20 Erika	4:00 - 5:00 Erika 6:30 - 7:20 Christina / Ellie	5:00 - 5:50 Kassandra 6:30 - 7:20 Mattie	4:30 - 5:30 Shelly	10:00 - 10:50 Mallory 10:30 - 11:20 Christina	12:00 - 12:50 Mattie
Preschool Adv Ages 3 & 4 (1 Hour)		3:30-4:30 (Boys Age 4-5) Dagan	4:30 - 5:30 Ellie			12:30 - 1:30 Ellie	
Girls Level 1 Ages 5-7 Yrs.	4:30 - 5:30 Ryann 5:00 - 6:00 Sandra/ Erika 6:30 - 7:30 Mattie/ Ryann	4:00 - 5:00 Kassandra 4:30 - 5:30 Dagan/ Mallory 5:30 - 6:30 Shelly 6:30 - 7:30 Mary/ Emma	3:30 - 4:30 Ellie/ Tabitha 4:30 - 5:30 Tabitha 5:00 - 6:00 Sandra 6:00 - 7:00 Sandra 6:30 - 7:30 Tabitha	3:30 - 4:30 Christina 5:00 - 6:00 Tabitha 6:00 - 7:00 Kassandra/ Tabitha 7:00 - 8:00 Tabitha	3:30 - 4:30 Christina	9:00 - 10:00 Erika 10:00 - 11:00 Mary 11:30 - 12:30 Christina	10:00 - 11:00 Tabitha 11:00 - 12:00 Ryann 12:00 - 1:00 Tabitha
Girls Level 1 8 Yrs. +	4:00 - 5:00 Sandra 6:00 - 7:00 Sandra	5:30 - 6:30 Mallory 6:00 - 7:00 Kassandra	5:30 - 6:30 Christina 7:00 - 8:00 Kassandra	4:30 - 5:30 Christina 6:30 - 7:30 Ellie	5:30 - 6:30 Christina	9:00 - 10:00 Mallory 12:00 - 1:00 Erika	1:00 - 2:00 Tabitha
Girls Level 2 5 Yrs. +	5:00 - 6:00 Christina 7:00 - 8:00 Sandra	4:30 - 5:30 Tabitha 6:30 - 7:30 Ellie 7:00 - 8:00 Kassandra	4:00 - 5:00 Sandra 4:30 - 5:30 Christina 5:30 - 6:30 Tabitha 7:30 - 8:30 Christina	4:00 - 5:00 Kassandra 6:30 - 7:30 Christina 7:30 - 8:30 Ellie	4:30 - 5:30 Christina	10:00 - 11:00 Ellie 12:00 - 1:00 Mallory	11:00 - 12:00 Mattie K
Girls Level 3 (1.5 Hours)	6:00 - 7:30 Christina	5:00 - 6:30 Kourtney	5:30 - 7:00 Abby 7:00 - 8:30 Abby			11:00 - 12:30 Ellie	
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

Girls Advanced Rec (2 Hours)		6:30 - 8:30 Kourtney					
Adaptive Gymnastics							10:00 - 11:00 Ages 6+ 11:00 - 11:50 (Ages 3-5)
Boys Level 1	6:30 - 7:30 Dagan	5:30 - 6:30 Dagan	5:30 - 6:30 Dagan 7:00 - 8:00 Ben	4:30 - 5:30 Dagan 5:30 - 6:30 Dagan		10:00 - 11:00 Dagan	
Boys Level 2/3			6:30 - 7:30 Dagan				
Ninja Beginner	5:00 - 6:00 Emily		4:30 - 5:30 Mary	5:30 - 6:30 Noah		11:00 - 12:00 Dagan	
Ninja Advanced Ages 5+	6:00 - 7:00 Emily		5:30 - 6:30 Noah				
Adult Fitnastics			7:30 - 8:30 Dagan			12:00 - 1:00 Dagan	
Homeschool		10:00 - 11:00 Kassandra		10:30 - 11:30 Emma		*Interested in hosting your homeschool group at TNT?	Email us for more information! Tntgym.office@gmail.com

Tumbling

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Tumbling Beginner	5:30-6:30 Ryann	6:30 - 7:30 Erika		6:30 - 7:30 Dagan		1:00 - 2:00 Mary	
Tumbling Intermediate		7:30 - 8:30 Gloria		5:00 - 6:00 Shelly		2:00 - 3:00 Mary	
Tumbling Advanced				5:00 - 6:00 Shelly		2:00 - 3:00 Mary	

Open Gym

Open Gym *Parent Participation Required			10:00 - 11:00 Walking - 6 Yrs		11:00-12:00 Walking -12yrs	*See Calendar for Weekend Open Gym	*See Calendar for Weekend Open Gym
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