



2025 Summer Camp Information Packet

Parents / Guardians

First and foremost, we are very excited to welcome your child into our summer camp program! We do not take this honor lightly and will do everything in our power to make sure that your family has a safe and exhilarating summer at TNT. We are confident that our camp program will offer your child access to increased physical fitness, confidence building, stimulation, friendship, and of course gymnastics!

What you need to know

Our experienced staff is dedicated to making your child's experience something out of the ordinary in our 14,500 sq. ft facility.

- We have a chosen theme for each week of camp.
- Most games, crafts, and activities will be centered around that theme.
- Fridays are our "special event days" and campers are encouraged to dress up in something related to that week's theme.
 - *Please see the themes in this packet! It makes for a wonderfully festive event for everyone!*
- Our staff is safety certified, CPR certified, and trained to help the beginner to advanced gymnast grow safely all summer long!

By taking a few moments to review the information in this packet, you will have a better understanding of TNT's camp program and its policies and procedures. Summer is a busy time for everyone, so this packet will surely help us inform all participants so that we may get off to a great and successful start!

Kind Regards,

TNT Gymnastics & Fitness Summer Camp Program Staff

Camp Registration / Sign Up

All campers are required to be members of TNT. The annual membership is:

- \$60 (Per Child)
- \$150 (Family, 3 or more kids)

Includes: T-Shirt, TNT Bag, Discounts on birthday parties, special events, and no additional camp registration fees for the year.

Camp Pricing

We offer multi-week discount pricing. The more weeks you enroll your child, the more you save per week!

\$220/ Week

Full Day: \$60
Half Day: \$45

*Full Week AM Ext only: \$35
*Full Week PM Ext only: \$100

*No refunds will be given for unused prepaid extended day.

2025 Summer Camp Details & Schedule

Camp Details

- Full Day Camp (9:00 AM – 3:00 PM)
- Morning Extended Day (8:00 AM – 9:00 AM) & Afternoon Extended Day (3:00 PM – 6:00 PM)
 - Extended Day takes place in our camp room. During this time, kids will be able to play games, watch a movie, read, eat a snack, etc. No gym time is included in extended day.
- Ages: 5 - 13 (Must be 5 yrs old by September 1, 2024)
- Groups: Please keep in mind that these are the ages we like to keep our groups in. If a child's skill level moves them up or down an age group, we will try our best to accommodate for their enjoyment / safety. We do understand that friends like to be in groups; however, their ability level and age will dictate their placement. Approximate age groups:
 - Age 5 Yrs.
 - Ages 5 - 6 Yrs.
 - Ages 6 - 7 Yrs.
 - Ages 8 - 9 Yrs.
 - Ages 10 - 13 Yrs
- Price Includes: Gymnastics, Activities, Craft, & Pit Playtime.
- CAMPERS MUST BRING THEIR OWN LUNCH, SNACK, WATER BOTTLE, AND CHANGE OF CLOTHES.
- Snacks: Parents will be able to write down the snacks they would like to allow their child to purchase for lunch time at the time of drop off. There will be a Summer Camp Menu available for them to choose from.
- Please dress appropriately.
 - *Girls:* Leotard or dancewear is preferred, but not required. Hair must be secured out of the face. No long or hanging jewelry / earrings.
 - *Boys:* Comfortable clothing that is free of buttons, zippers, snaps, and buckles. Hair must be secured out of the face.

Daily Schedule:

- 8:00 – 9:00 AM: Extended Day**
- 8:45 – 9:00 AM: Early Morning Check-In
- 9:00 – 10:00 AM: Warm – Up + Gymnastics stations
- 10:00 – 11:00 AM: Morning Snack + Bathroom Break / Games
- 11:00 AM – 12:00 PM: Gymnastics & Fitness Stations
- 12:00 – 1:00 PM: Lunch + Bathroom Break
- 1:00 - 2:55 PM: Gymnastics Obstacles + Fitness Challenges + Games
- 2:55 – 3:10 PM: Clean Up and Camper Pick Up
- 3:10 - 6:00 PM: Extended Day**

** (Extended Day time is in our camp room. During this time, kids will be able to play games, watch a movie, read, eat a snack, etc. No gym time is included in extended day. Charged by the 1/2 hour.)

(Any child not picked up at 3:10 PM will go into extended day and incur the appropriate charges on their account)

Payment Policy:

- We require that all campers be registered online in the online system called the parent portal. A credit or debit card must be kept on file in our secured system to hold your spot. The card information entered is not accessible or visible to any staff members. We cannot login and view any of that crucial information. Our system is up to date per all PCI compliance laws. If a card is not stored in the system, we cannot hold your camper's spot and they will be removed from the system.
- We accept cash, check, and all major credit cards.
- At the time of online registration, you must pay a minimum of 50% of the camp tuition price down + membership fee (if applicable / not current members at the time of registration).
- Any remaining tuition balance will be charged the Thursday before your child's camp week. All outstanding week balances must be paid by the Thursday before your child's registered camp week in order for your child to stay actively enrolled.
- Any snack balances, extended day / early drop off charges left unpaid by Friday (the last day of the week attended) will be charged to the credit card provided.
- If a child / family has an outstanding balance on their account, we have the right to refuse participation in camp, classes, or special events until the balance has been paid in full.
- Customers have the option to pay any balance with a check, cash, or other debit/ credit card , before or by the due date if they do not wish to have the provided card number on file processed through the parent portal.
- Any refunds will incur a \$10 refund processing fee.

Transfer or Cancellation of Camp Days

- If you are moving a full week, a \$30 fee will be applied, per week. Transfers are subject to availability due to camp capacities and limited weekly supplies.
- No refunds will be given. If your child cannot attend their registered week, a notice of cancellation must be received in writing by the Thursday before the week enrolled to receive a credit on your account minus the 50% non refundable deposit.
 - ie: If your child is enrolled in Week 4 and will not be able to attend, TNT must be notified in writing by the Thursday of Week 3 to receive a credit on your account minus 50%.
- No refunds will be given for missed days under any circumstances. We will try and offer a make up if space allows but this is not guaranteed.

Check In & Check out Procedures

- We do not allow parents to access the gym floor, or go beyond the ½ walls. This is for the safety of all children.
- Please list anyone allowed to pick up your child from camp in the registration notes at the time of registration on the parent portal. If this list changes at any point, please notify our front office staff.
- Camp drop off begins at 8:50 am. We do offer morning extended care beginning at 8:00 AM. There is an additional charge for morning extended day and you will be charged by the ½ hour.
- Check out begins at 2:50 pm. We do offer afternoon extended care until 6:00 PM. Students must be pre-registered for this option.

Code of Conduct / General Guidelines

- Campers are expected to be on their best behavior and show response / listening skills. For their safety, it is important that they listen to camp staff and follow instructions. Under no circumstances will disrespect or violence towards a staff member or another camper be tolerated. If this occurs, you will be contacted and advised to pick up your child immediately. No refunds or credits will be issued in this instance. Please take a moment to review the rules and expectations with your child prior to his/ her first day of camp.
- We will bring to your attention any behavior issues that occur while your child is in camp. If behavior issues continue to occur, your child may not be allowed back in camp.
- Any destruction to TNT property or facility will not be tolerated and will be cause for immediate dismissal from camp. Any costs associated with destruction will be the parents responsibility.
- Please do not bring your child to camp if they are sick. We will not allow children to be dropped off who are contagious or are not showing signs / energy of full participation level. If your child becomes sick during the camp day, we will ask that you pick them up as soon as possible.
- If an injury were to occur during a camp day, you will be contacted. We do have ice packs + equipped First Aid kit available for staff use. If an emergency were to occur, we will contact 911 and the emergency contact person listed on the account. We promote safe landings at TNT!

We look forward to a great summer with your child. We welcome any questions or concerns you may have. Please feel free to reach out to your camp counselor if there is anything special we should know about your child. Thank you for choosing TNT Gymnastics!

General Camp: FAQ

- Do campers need a medical examination?
 - Our camp does not require a physical exam from a physician to attend. Please note that gymnastics is physically demanding, so if you have any concerns about your child's limitations, we recommend that you get in touch with your camper's doctor for the best decision for your family.
- When should I plan to arrive?
 - Camp check in is from 8:50 AM – 9:00 AM. Arriving and signing in prior to that time will incur a charge for extended day. Our early morning drop off starts at 8:00 AM.
- Do I need to bring lunch for my child?
 - Yes! Lunch is not included in the tuition price.